Opening Minds through Art (OMA)

Quarterly Progress Report
to the Ohio Department of Medicaid

Timeframe: January 1, 2021 – March 31, 2021

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INTRODUCTION

During this quarter, several more sites completed their OMA training and have begun implementing OMA one-on-one using staff members as volunteers. We recruited one new site to start in the fall semester. We continue our plan of having all nursing homes grantees' staff members trained by June 30, 2021 and ready to host students starting in the fall semester of 2021, assuming that visitors are allowed in the buildings by then. If visitation is still prohibited, grantees will continue offering OMA using staff members as volunteers or will offer OMA virtually. On April 26, we are offering a webinar to current grantees on how to conduct OMA virtually. The virtual OMA formats are described later in this report.

The fully online OMA Facilitator Training involves the following components:

Part 1: Methodology Training: 12-15 hours completed within four weeks at the nursing home's own pace.

Part 2: Art Making: These are live online sessions with OMA staff on two consecutive days, 1.5 hours each day.

Part 3: Observation & Debriefing: Trainees conduct a mini OMA practicum and are virtually observed by OMA staff followed by online debriefing discussion a few days later. These observations and debriefing sessions are conducted virtually and scheduled for each grantee site on a mutually convenient day and time.

GRANTEES' STATUS AS OF THIS QUARTER

Fully-Trained (4 sites): As of this quarter, four sites have completed all three parts of their training (Bayley Place, Diversicare of St. Theresa, Kimes Nursing & Rehabilitation Center, and St. Catherine's Manor of Findlay).

Completed Part 2 of the 3-part training (2 sites): Two sites have completed the second part of the training (Ridgewood Manor and The Laurels of Mt. Vernon). One of these sites, Ridgewood Manor, has scheduled to complete Part 3 of the training on April 7 and 8.

Need to begin Part 1 of OMA training (3 sites): Three sites (Hill View Health Care Center, The Laurels of Norworth, and Grande Lake Healthcare Center) plan to start the first part of the training in May-June, 2021. The OMA-trained staff member at Grande Lake Healthcare Center left her position, so we are training a new staff member there in May-June, 2021.

Recently recruited (1 site): This quarter we were able to recruit one site (Wood Haven Health Care Senior Living & Rehabilitation) to be trained in May-June of 2021.

Need to be recruited (2 sites): Two new sites and partnering medical school/allied health universities still need to be recruited. On January 26, we presented a webinar on OMA and QIP grant opportunity sponsored by the Ohio Health Care Association. We have also been accepted to present at the following conferences that will assist with recruitment:

- American Society of Aging conference on April 7, 2021
- Pioneer Network sponsored webinar on August 12, 2021.

The table below is an updated list of recruited nursing homes and their educational partners, indicating where they are in the training process.

Nursing Home	City	Partnering School	Department	Training Status
Bayley Place	Cincinnati	Mount St. Joseph University	Physician Assistant Studies	Completed all 3 parts of training
Diversicare of St. Theresa	Cincinnati	Cincinnati Country Day Upper School	N/A	Completed all 3 parts of training
Geriatric Center of Mansfield	Mansfield	Ashland University	Nursing	Withdrew
Grande Lake Healthcare Center	St. Marys	St. Marys Memorial High School	N/A	Trained facilitator left position; new staff member will be trained in May-June 2021 training
Hickory Creek of Athens	The Plains	Ohio University	Medical School	Withdrew
Hill View Health Care Center	Portsmouth	Shawnee State University	Occupational Therapy	Registered for Part 1 training in May-June 2021
Kimes Nursing & Rehabilitation Center	Athens	Ohio University	Speech Language Pathology	Completed all 3 parts of training
Ridgewood Manor	Maumee	The University of Toledo	Speech Language Pathology	Part 2 training completed. Has scheduled Part 3 of training in April 2021.
St. Catherine's Manor of Findlay	Findlay	University of Findlay	Occupational Therapy	Completed all 3 parts of training
The Laurels of Mt. Vernon	Mt. Vernon	Mount Vernon Nazarene University	Speech Language Pathology	Part 2 training completed. Need to schedule Part 3
The Laurels of Norworth	Worthington	The Ohio State University	Speech Language Pathology	Registered for Part 1 training in May-June 2021
Wood Haven Health Care Senior Living & Rehabilitation	Bowling Green	Bowling Green State University	Gerontology	Registered for Part 1 training in May-June 2021

VIRTUAL OMA FORMATS

If nursing home visitation is still prohibited for the fall 2021 semester, we will provide grantees with guidance for implementing OMA in a virtual format. We have developed two virtual format options from which grantees can choose. A webinar for current grantees on how to conduct virtual OMA has been scheduled on April 26, 2021. This webinar will be recorded and shared with grantees who are unable to attend.

1. **Virtual OMA with Breakout Rooms**
   The OMA facilitator (nursing home staff member) virtually trains a group of students (trained medical/allied health students) to serve as OMA volunteers. Once a week, the OMA facilitator meets with students virtually to review the art project (this review is referred to as the "huddle"). After the huddle, the facilitator places volunteers in virtual breakout rooms to meet with their elder partners one-on-one. The OMA facilitator prepares all art supplies and technology set up in the nursing home for the elders while the students join virtually from their own locations. This format can be conducted with any number of participants since they are meeting one-on-one in breakout rooms. Multiple e-tablets and headsets are needed to implement this format so that each participating elder has access to the virtual platform at the same time.

2. **Virtual OMA without Breakout Rooms**
   This format is similar to the format above, but without using breakout rooms. After the weekly huddle, the OMA facilitator works with the participating elders and their student partners to set up individual virtual meeting times that week for each pair. This format is suitable for nursing homes with a limited number of e-tablets and technology staff support because the individual meetings times can be scheduled to facilitate the shared use of available e-tablets and headsets.