

# **Opening Minds through Art (OMA)**

**Quarterly Progress Report  
to the Ohio Department of Medicaid**

**Timeframe: October 1, 2020 – December 31, 2020**

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## INTRODUCTION

During this quarter, we continued to encourage recruited sites to complete their online OMA Facilitator Training, which involves the following components:

**Part 1: Methodology Training:** 12-15 hours completed within four weeks at the nursing home's own pace.

**Part 2: Art Making:** These are live online sessions with OMA staff on two consecutive days, 1.5 hours each day.

**Part 3: Observation & Debriefing:** Trainees conduct a mini OMA practicum and are virtually observed by OMA staff followed by online debriefing discussion a few days later. These observations and debriefing sessions are conducted virtually and scheduled for each grantee site on a mutually convenient day and time.

Unfortunately, with the additional demands created by the pandemic on staff members' responsibilities, we were not able to make as much progress as we had hoped. We plan to have all 12 nursing homes' staff members trained by June 30, 2021 and ready to host students starting in the fall semester of 2021, assuming that visitors are allowed in the buildings by then. If visitation continues to be prohibited, we will provide guidance for implementing OMA virtually. The virtual OMA formats are described later in this report.

## GRANTEES' STATUS AS OF THIS QUARTER

**Fully-Trained (3 sites):** Two sites (Grande Lake Healthcare Center and Diversicare of St. Theresa) have recently hired trained OMA facilitators as part of their activity staff. Another site (Bayley Place) has completed all three parts of their training this quarter. We send regular reminders to encourage the rest to complete their training as soon as possible. With COVID-19 vaccine distribution now underway, we hope these facilities will prioritize OMA training in the next quarter.

**Completed Part 2 of the 3-part training (4 sites):** Four sites have completed the second part of the training and one of these sites (St. Catherine's Manor of Findlay) is scheduled to complete Part 3 next week. The other three sites have been contacted on a monthly basis to remind them to schedule Part 3 of the training, an observation, and debriefing session.

**Need to begin Part 1 of OMA training (2 sites):** Two sites (Hill View and the Laurels of Norworth) plan to start the first part of the training later in 2021 and have registered for the training.

**Need to be recruited (3 sites):** Three new sites and partnering medical school/allied health universities need to be recruited in the spring/summer 2021 semesters. Two previously-recruited sites (Geriatric Center of Mansfield and Hickory Creek of Athens) withdrew from participation due to a lack of staff time during the pandemic.

The table below is an updated list of recruited nursing homes and their university partners, indicating where they are in the training process.

<b>Nursing Home</b>	<b>City</b>	<b>Partnering School</b>	<b>Department</b>	<b>Training Status</b>
Bayley Place	Cincinnati	Mount St. Joseph University	Physician Assistant Studies	Completed all 3 parts of training
Diversicare of St. Theresa	Cincinnati	Cincinnati Country Day Upper School	N/A	Has a trained OMA facilitator
Geriatric Center of Mansfield	Mansfield	Ashland University	Nursing	Withdrew
Grande Lake Healthcare Center	St. Marys	St. Marys Memorial High School	N/A	Has a trained OMA facilitator
Hickory Creek of Athens	The Plains	Ohio University	Medical School	Withdrew
Hill View Health Care Center	Portsmouth	Shawnee State University	Occupational Therapy	Registered for training in May 2021
Kimes Nursing & Rehabilitation Center	Athens	Ohio University	Speech Language Pathology	Part 2 completed
Ridgewood Manor	Maumee	The University of Toledo	Speech Language Pathology	Part 2 completed
St. Catherine's Manor of Findlay	Findlay	University of Findlay	Occupational Therapy	Part 3 training scheduled for 2/2/21 & 2/3/21
The Laurels of Mt. Vernon	Mt. Vernon	Mount Vernon Nazarene University	Speech Language Pathology	Part 2 completed
The Laurels of Norworth	Worthington	The Ohio State University	Speech Language Pathology	Registered for training in May-June 2021

## **VIRTUAL OMA FORMATS**

If nursing home visitation is still prohibited for the fall 2021 semester, we will provide grantees with guidance for implementing OMA in a virtual format. We have developed two virtual format options from which grantees can choose:

### **1. Virtual OMA with Breakout Rooms**

The OMA facilitator (nursing home staff member) virtually trains a group of students (trained medical/allied health students) to serve as OMA volunteers. Once a week, the

OMA facilitator meets with students virtually to review the art project (this review is referred to as the “huddle”). After the huddle, the facilitator places volunteers in virtual breakout rooms to meet with their elder partners one-on-one. The OMA facilitator prepares all art supplies and technology set up in the nursing home for the elders while the students join virtually from their own locations. This format can be conducted with any number of participants since they are meeting one-on-one in breakout rooms. Multiple e-tablets and headsets are needed to implement this format so that each participating elder has access to the virtual platform at the same time.

## 2. **Virtual OMA without Breakout Rooms**

This format is similar to the format above, but without using breakout rooms. After the weekly huddle, the OMA facilitator works with the participating elders and their student partners to set up individual virtual meeting times that week for each pair. This format is suitable for nursing homes with a limited number of e-tablets and technology staff support because the individual meetings times can be scheduled to facilitate the shared use of available e-tablets and headsets.