

**Reducing the Use of Antipsychotics  
in NWO Skilled Nursing Facilities  
First Quarter 2019 Progress Report to the Ohio  
Department of Medicaid**

Timeframe: April 1, 2019 through June 30, 2019

The second quarter of 2019 of the KTL (Keys to Living) project continues stable. This is the final quarter of this grant. Emphasis is on reviewing the facility plans for sustainability of the activities learned during the grant project beyond June 30, 2019. During the time period from April 1st through June 30th the following activities occurred:

1. During these final months, the consultants continue to visit each facility and discuss with each facility their plans for carrying forward the components they are using. The focus is on strengthening those components rather than adding a new component during this time period. Of the 34 active facilities following is the aggregate utilization of the six grant tools through this final quarter:

RCCT Assessment	- 100%
Gift of Purpose Programming	- 91%
Chatter Bags	- 88%
I WAS THINKING book	- 68%
Photo Books	- 65%
Question of the Day	- 56%

It is rewarding to see these percentages with these 34 facilities that have been in the project for the entire 28 months.

2. Barbara Brock continues to provide one-on-one technical assistance to participants as they learn more and more about administering, scoring and utilizing the RCCT assessment data directly as a integral part of resident care planning. After

participants have been administering the RCCT for over one (2) years, they are increasing their comfort with the assessment and the inclusion of the finding in their care planning. Barbara's focus on how the RCCT results can be utilized by a wide variety of facility staff is yielding positive results according to the verbal expression by participants the have chosen to utilize her approach.

3. The facilities that reactivated in October are moving quickly. It is interesting to note their lack of antipsychotic medication reductions as related to reductions realized by those facilities that have been active over the entire project. These numbers will be carefully evaluated during the final project report in June.
4. The grid on page 4 continues to reflect progress. There is a consistent increase in all number components such as the numbers of residents in the project, the number of RCCT assessments completed, photo book and chatter bag utilization as non-pharmacological interventions. The increases are not large at this point since many facilities continue to focus on residents admitted to their memory care units. In many cases that population is stable.
5. A final push to hold a pre-admission discussion when there is an antipsychotic in place continues. During that discussion information about the reason for the medication order and the length of time the medication has been administered is vital to determining if the medication needs to be continued and most importantly to learn the presenting behavior that needs to be addressed upon admission.
6. Once again the need for the facility management to take control of their practice in the area of antipsychotic medication reduction while increasing the use of non-pharmacological interventions continues. In the facilities where management at all levels are supportive, the successes are evident. These components, when valued and rewarded, make the difference.

7. Assuring that the facilities that have made a difference know they have made a difference is the final message being shared. Facilities that see their successes show their interest in making sure they keep making a difference. The sharing of resident and family stories demonstrate the value of becoming able to employ dementia specific interventions shows their commitment to continue.
8. Data Analysis began and continues throughout this quarter. At this point the preliminary results are very positive. One of those factors is the fact that of the 40 facilities that began the project in January of 2017, 34 remain active. That represents a 85% retention. Considering this means that those facilities are still active after 28 months is impressive. For nursing homes that are challenged with staffing issues which effect consistency in programming this is very clear outcome. The final data analysis will be presented in detail in the final report.
9. A copy of the final report will be sent to all participants and all facility management. There is excitement to see the final results even though they know they will not see their progress in comparison with the other project participants since all facility specific information is of course confidential. Several facilities have asked that they receive their facility's individual performance. That facility information will be shared.

It has been interesting, challenging and ultimately rewarding to work with the facilities with an eye to making a difference.

MASTER AGGREGATE DATA FILE FINAL REPORT SECOND QUARTER 2019

<b>COMPONENTS-ALL FACILITIES INVOLVEMENT</b>	<b>40 FAC</b>
<b>FACILITY MED DIRECTOR INFORMED AND SUPPORTIVE - OF ALL FACILITIES</b>	85%
<b>PROJECT ANNOUNCEMENT COMPLETED &amp; SHARED - OF ALL FACILITIES</b>	55%
<b>RESIDENTS IN PROJECT 4/1/17 TO PRESENT</b>	1121
<b>ADMISSIONS WITHOUT ANTIPSYCHOTIC 4/1/17 TO PRESENT</b>	2812
<b>ADMISSIONS WITH ANTIPSYCHOTIC ORDER BUT DROPPED 4/1/17 TO PRESENT</b>	115
<b>ADMISSIONS WITH ANTIPSYCHOTIC MED ORDER IN PLACE 4/1/17 TO PRESENT</b>	450
<b>NUMBER OF RESIDENTS WITH A GDR IN PLACE 4/1/17 TO PRESENT</b>	1041
<b>POLICY CREATED - OF ALL FACILITIES</b>	18%
<b>STAFF EDUCATION - OF ALL FACILITIES</b>	76%
<b>FAMILY EDUCATION - OF ALL FACILITIES</b>	61%
<b>RCCT ASSESSMENT TOOL IN USE - OF ALL FACILITIES</b>	90%
<b>RCCT ASSESSMENT COMPLETED AND SHARED 4/1/17 TO PRESENT</b>	948
<b>CHATTER BAGS - OF ALL FACILITIES</b>	75%
<b>QUESTION OF THE WEEK - OF ALL FACILITIES</b>	48%
<b>"I WAS THINKING" BOOK TOOL IN USE - OF ALL FACILITIES</b>	58%
<b>"I WAS THINKING" BOOK COMPLETED 4/1/17 TO PRESENT</b>	493
<b>PHOTO BOOK TOOL IN USE - OF ALL FACILITIES</b>	55%
<b>PHOTO BOOK CREATED AND SHARED 4/1/17 TO PRESENT</b>	316
<b>GIFT OF PURPOSE PROGRAMMING</b>	85%
<b>GIFT OF PURPOSE SESSIONS 4/1/17 TO PRESENT 2 MONTH SAMPLE AVG</b>	4667
<b>GIFT OF PURPOSE RESIDENTS 4/1/17 TO PRESENT 2 MONTH SAMPLE AVG</b>	490