

**Reducing the Use of Antipsychotics
in NWO Skilled Nursing Facilities**
Third Quarter 2018 Progress Report to the Ohio Department of Medicaid
Timeframe: July 1, 2018 through September 30, 2018

The third quarter of 2018 of the KTL (Keys to Living) project was stable and quiescent! Facilities continued their commitment to implementing components of the project that they have found helpful. The facilities have been involved in this project since March of 2017 and have settled into a pattern of implementation that works for them. Based on those factors this quarter has been a very smooth continuation of the project. During the time period from July 1st through September 30th the following activities occurred:

1. Several facilities have taken components and given them their own spin! For instance, one facility has created laminated pages containing pictures of items the resident enjoys. This component is one that focuses on sparking resident conversations with staff and families. This page can then be utilized with residents by staff and family to meet that goal. This replaces their use of a multi-paged photo book. It simplifies the photo gathering process while providing a visual of items that have meaning to the resident. Utilization of a higher functioning resident to assist in the picture collection has provided a win-win-win situation for residents, staff and family/visitors.
2. During each visit the consultants review the components they have not utilized as of yet to assure they are aware of all components and know how to implement each component. Each facility voices awareness of all components and do explain their rationale for their selections. Of course it is our goal that they give all components a "go" but we also understand if the component is to continue after the grant is completed, it has to be a component they value. The consultants stand ready to assist them as they wish to try yet one more of the more than 18 components.
3. Barbara Brock continues to provide one-on-one technical assistance to participants as they learn more and more about administering, scoring and utilizing the RCCT assessment data directly as a integral part of resident care planning. After participants have been administering the RCCT for over one (1) year, they are showing increased skill with the component. As of this quarter Barbara focuses on how the RCCT results can be utilized by a wide variety of facility staff from dietary to nursing to therapy to social services. She helps them determine who needs to know what results and why with the goal of person-centered care planning.

4. Preparations were made for the Replacement Class which will be held in October. Realizing there would be participants that left their employment, the second annual Replacement Class was made a part of the 3 year grant plan. It was encouraging to see the facility staff's interest in putting a replacement person into the class to assure they had continued support in their grant work. The onsite consultants assisted the facilities as they determined who would be the best candidate given the status of the grant project at their facility. The final list of participants was completed before the end of this quarter and 17 individuals were placed in the class.
5. The Memory Care Consultants continue to demonstrate their focus on success for each facility. The trust continues to grow between the facility staff and them. It is amazing to see how long it takes to get facility staff, who spend the vast majority of their work life defending against negative input, to believe these consultants are truly working with them to make them successful.
6. Two (2) of the facilities that were previously On Hold, have signed individuals up to be in the Replacement Class and re-energize the KTL (Keys to Living) Project in their facility. This was a pleasant bit of news. We will work closely with them after their participants complete the class to put a plan in place so they can move as quickly as possible considering the grant finishes in June, 2019.
7. The third of the On Hold facilities will be considered a control facility for a total of 6. More discussion about utilization of these facilities will take place as the project moves forward.
8. The grid on page 3 continues to reflect progress. There is a consistent increase in all number components such as the numbers of residents in the project, the number of RCCT assessments completed, etc. The goal is to increase utilization of all components which is occurring. The two components that continue to lead the statistics are the chatter bag and question of the day.
9. The monitoring of the number of residents admitted with antipsychotic medications continues. Although the number of residents who had an antipsychotic med dropped prior to admission was less than in the 2nd Quarter, the number of residents admitted without an antipsychotic medication increased over those admitted with an antipsychotic. The hope is that the number of residents with antipsychotic medication orders is less overall. This aspect will continue to be closely monitored.
10. Again, the resident and family stories that have been shared demonstrate the value of knowing the resident as a person coupled with knowing their CFA (Cognitive Functional Age). To see the "AHA" moment in the eyes of the facility staff members, both participants as well as other staff that are a part of the team, is truly gratifying and supports the value of this project.

MASTER AGGREGATE DATA FILE 3RD QTR 2018

COMPONENTS-ALL FACILITIES INVOLVEMENT	37 FAC
FACILITY MED DIRECTOR INFORMED AND SUPPORTIVE - OF ALL FACILITIES	97%
PROJECT ANNOUNCEMENT COMPLETED & SHARED - OF ALL FACILITIES	62%
POLICY CREATED - OF ALL FACILITIES	20%
STAFF EDUCATION - OF ALL FACILITIES	70%
FAMILY EDUCATION - OF ALL FACILITIES	65%
CHATTER BAGS - OF ALL FACILITIES	78%
QUESTION OF THE WEEK - OF ALL FACILITIES	81%
RESIDENTS IN PROJECT 4/1/17 TO PRESENT	864
RCCT ASSESSMENT COMPLETED AND SHARED 4/1/17 TO PRESENT	715
"I WAS THINKING" BOOK COMPLETED 4/1/17 TO PRESENT	349
ADMISSIONS WITHOUT ANTIPSYCHOTIC 4/1/17 TO PRESENT	1554
ADMISSIONS WITH ANTIPSYCHOTIC ORDER BUT DROPPED 4/1/17 TO PRESENT	65
ADMISSIONS WITH ANTIPSYCHOTIC MED ORDER IN PLACE 4/1/17 TO PRESENT	521
NUMBER OF RESIDENTS WITH A GDR IN PLACE 4/1/17 TO PRESENT	681
PHOTO BOOK CREATED AND SHARED 4/1/17 TO PRESENT	163