

**Reducing the Use of Antipsychotics
in NWO Skilled Nursing Facilities
Second Quarter Progress Report to the Ohio Department of Medicaid**
Timeframe: July 1, 2017 through September 30, 2017

The third quarter was the first opportunity for both facility staff along with consultants to begin to set a rhythm for the success of the project. During this time period the following activities occurred:

- A. In addition to the inclusion of a cognitive functional age assessment, the RCCT, the project offers eleven non-pharmacological techniques that require staff preparation. That is in addition to educational needs for staff and families, physicians and community members. The consultants focus on assisting the facilities put together an implementation plan that will be logical and provide increased quality care without increased staff work. This step will continue throughout the project as needs change along with resident changes. The grid on page 3 shows the steps that are offered. The utilization continues to increase and each facility becomes comfortable with their plan. The consultants offered to assist with the educational components. This flexibility in time and task selections is the benefit of this three-year plan.
- B. Facility staff continue to utilize the technical assistance from Barbara Brock as they learn to administer and score the Reality Comprehension Clock Test (RCCT) Barbara has worked with three-quarters of the facilities and has reviewed over 140 of the 186 RCCT assessments with participants through the end of the 3rd quarter. Barbara is available to each participant as they deem necessary. Some have become quite proficient at administering and scoring the RCCT and turn to Barbara when they have a particular challenge. We anticipate an uptick in RCCT assessments submitted as the reboot plan takes place with the group of corporate facilities.
- C. There are now approximately 250 residents involved in some portion of the project. This number represents all residents that were involved in some component, including those that were subsequently discharged or deceased.
- D. The four Memory Care Consultants(MCC) Belinda Cytlak, Tammy Fitch, Sandy Soditch and Diana Waugh, visited their assigned facilities monthly for a total of 120 visits throughout the 3rd quarter. They also have worked with the participants on the phone and via emails to address specific questions.
- E. A Resource Page was created and added to the Grant Information section of the Waugh Consulting website. It contains contact information for individuals in the project who are willing to share their progress in the project; articles of interest to

participants; forms created by consultants; forms created by facilities and a portfolio of facility pictures showing their implementation of project components. Many hands make light work.

- F. The consultants will collect each facility's 3rd quarter Antipsychotic Quality Measure for Long-Term residents during their October facility visits. Informal discussion with facilities seems to strongly support their successes in reducing their QM score.
- G. As enumerated in the 2nd Quarter Report there are a myriad of components to this project. The aggregate facility implementation of each component is reflected in the grid presented in this report.
- H. Over this quarter we have attempted to identify specific challenges to successful project success. There is one obvious challenge in addition to the timing for inclusion of all aspects of the project at each facility. That challenge is found in facilities that are admitting residents with a new order for an antipsychotic that could possibly be discontinued prior to admission due to the very short time the resident has been taking it. This leads to the possibility of meeting with referring agencies, the most frequently found to be acute care facilities, to discuss the dangers of antipsychotic medications in older individuals with dementia. Since the numbers are not huge, only 27 admissions with antipsychotic medication in the admission orders for the quarter, this component has real potential for success!
- I. With an eye to the future where facilities will not add antipsychotic medications for individuals admitted with dementia, collection of data has begun. This data included residents admitted without medications where none are added; residents who were admitted with an antipsychotic medication that was not brought forward and residents admitted with an antipsychotic that was left in place. In addition the number of residents involved in a GDR is captured.
- J. More unanticipated time was spent in meetings with corporate staff for a company that had mandated 14 of their facilities to participate without making that known to either the facilities nor us. The company continues to verbally support their involvement and plans have been put in place to reboot the facility's project involvement for their facilities that haven't gotten on board as of this quarter. This work will continue with the company's corporate nurse consultants as well as their Director of Operations.
- K. The resident and family stories that have been shared demonstrate the value of knowing the resident as a person coupled with knowing their CFA. Stories about residents being engaged when they had been sitting and staring; families who have learned how to talk successfully with their loved one; and residents who reduced combative behaviors because they feel successful, are supporting the true value of this project.

MASTER AGGREGATE DATA FILE 3RD QTR 2017

COMPONENTS-ALL FACILITIES INVOLVEMENT	
FACILITY MED DIRECTOR INFORMED AND SUPPORTIVE	28
PROJECT ANNOUNCEMENT COMPLETED & SHARED	23
INITIAL STAFF EDUCATION COMPLETED	27
ONGOING STAFF EDUCATION	25
ONGOING FAMILY ED	18
RESIDENTS IN PROJECT	250
RCCT ASSESSMENT COMPLETED AND SHARED	186
"I WAS THINKING" BOOK COMPLETED	66
CHATTER BAGS	16
POLICY CREATED	8
ADMISSIONS WITHOUT ANTIPSYCHOTIC	149
ADMISSIONS WITH ANTIPSYCHOTIC ORDER BUT DROPPED	2
ADMISSIONS WITH ANTIPSYCHOTIC MED ORDER IN PLACE	27
NUMBER OF RESIDENTS WITH A GDR IN PLACE	53
PHOTO BOOK CREATED AND SHARED	20
CHATTER BAGS CREATED AND SHARED - # OF FAC	10
QUESTION OF THE WEEK - # OF FAC	6
GIFT OF PURPOSE AGGREGATE	3RD QTR
GIFT OF PURPOSE REMINISCENCE RESIDENTS	84
GIFT OF PURPOSE CHOICES SESSIONS	155
GIFT OF PURPOSE CHOICES RESIDENTS	78
GIFT OF PURPOSE SENSORY SESSIONS	180
GIFT OF PURPOSE SENSORY RESIDENTS	77
GIFT OF PURPOSE WHICH ONE SESSIONS	137
GIFT OF PURPOSE WHICH ONE RESIDENTS	67
GIFT OF PURPOSE SOCIALIZATION SESSIONS	438
GIFT OF PURPOSE SOCIALIZATION RESIDENTS	86
GIFT OF PURPOSE DRAWING SESSIONS	126
GIFT OF PURPOSE DRAWING RESIDENTS	48