

**Incorporating the Preferences for Everyday Living Inventory into Ohio's
Nursing Homes to Improve Resident Care**

Quarterly Progress Report to the Ohio Department of Medicaid
Timeframe: January 1, 2017 through March 31, 2017

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We have had continued success throughout the third quarter of this project. Details of our accomplishments during this time period are listed below.

Project Administration

- Held weekly project team meetings with all project investigators, staff, and students.
- Continued the development of a website dedicated to the concept of preference-based, person-centered care (PCC). Also, created social media accounts and a preliminary social media plan for the project. Developed content for the website, which will be uploaded in the coming weeks.
- Conducted a “training video” retrospective meeting using the AGILE method.
- Dr. Abbott was elected to serve as a board member for the Ohio Person Centered Care Coalition.
- Recruited Miami University undergraduate students interested in learning about implementation science to assist with the PELI-Can project. Currently, one student is completing her senior research capstone project, and another is completing an independent study in person-centered care and writing up an implementation guide for the ‘PAL Cards’ mentioned in Goal 1 (below).

Goal One—Guide Providers on Ways to Translate *PELI* Data into Daily Care Practices

- Continued partnerships with the following organizations: Butler County Care Facility, Knolls of Oxford, and Trilogy.
- Established relationships with: Friendship Village, HRC ManorCare, and Maria-Joseph Rehabilitation.
- Continued working on a pilot project to create Preferences for Activities and Leisure or PAL Cards. PAL cards are 5x7 “at-a-glance” activity preference cards tailored for each nursing home resident’s responses to 28 PELI items. An individualized, colorful, laminated card (to be attached to a wheelchair or a walker) was created so staff, volunteers and families can easily engage with residents about their preferences. We will make the template available in 2017 via our monthly newsletter.

Goal Two—Education and Training

- Hosted a webinar entitled, “*Honoring Everyday Preferences of Nursing Home Residents: Facilitating Choice and Satisfaction.*” This webinar was held on January 24, 2017, and had 58 attendees, including 12 who received social work CEUs. This webinar was also closed-captioned and is available at the following link: <https://www.youtube.com/watch?v=tCu9I1kE1vo&feature=youtu.be>
- Released Tip Sheet #5: Ensuring Resident Choice.
- Presented a session entitled, “*PELI FAQs*” to 84 people at OHCA’s Activity Professionals conference on February 3rd, 2017 in Columbus, Ohio.
- Presented a session entitled, “*We Can’t Provide Season Tickets to the Opera: Staff Perceptions of Providing Preference Based Person-Centered Care*” to 33 people at the Council on Aging’s Annual Forum on Aging in Cincinnati, Ohio on March 15th, 2017.
- Presented a session entitled, “*Person-Centered Care Initiatives: State and National Model Programs*” to 35 people at the Aging in America conference in Chicago, Illinois on March 22nd, 2017

- Created and emailed three monthly *PELI-Can* e-newsletters to 960 facilities throughout the state and 333 individuals. Newsletters are available at:
 - January 2017: <http://conta.cc/2iEuVzp>
 - February 2017: <http://conta.cc/2kpOz7Q>
 - March 2017: <http://conta.cc/2nG7pbR>
- Filmed the first in a three-part series of training videos about how to successfully conduct PELI interviews. The first video is being edited now and will be ready for viewing by the end of the 4th quarter of this project. The video was filmed over the course of three days in early February, and included the involvement of PELI-Can team members, as well as a videographer, producer, and actors. We will publicize the series, available free-of-charge, through social media, newsletters, presentations and our website.
- The PELI-Can team spent time brainstorming the content for future training videos for the remainder of the project. We decided to develop a “care planning” training video during Year 2 of the project that will provide basic training in ways to integrate resident preferences into the care planning process. We made this decision because of an opportunity to collaborate with the Mayer-Rothschild Foundation, which is interested in developing an advanced training video about care planning for preferences that may entail risk for residents. Examples are: a resident who wishes to go outside unsupervised, or who wishes to eat items not on his or her recommended special diet.
- Accepted to present a session entitled, “*Preferences for Everyday Living Inventory (PELI) Bootcamp: The Foundation for Implementing Preference Based, Person-Centered Care in Nursing Facilities*” at the Pioneer Network Conference in Rosemont, IL in July 2017.
- Submitted the following session abstract, “*Translating Evidence into Practice: Ohio’s Pay-for-Performance Initiative for Person-Centered Care Practices*” to the American Public Health Association’s Section on Aging.

Goal Three—Understand Facilitators and Barriers to Preference-Based PCC Implementation and Evaluation

- Continued to operate the *PELI* Helpline. Responded to and tracked all communications with providers, as well as continued to track the list of commonly reported barriers to *PELI* implementation.
- Attended two resident care conferences and observed/recorded the barriers to care planning.

Technology Infrastructure Support

- Completed the MDS 3.0 version of the Care Preference Assessment of Satisfaction (ComPASS) tool, a mobile responsive website that gives providers a system to ask residents about their preferences, and track residents’ satisfaction with the way their preferences are met. This version of ComPASS has the 16 preference items contained in the MDS Section F.
- Created a function in ComPASS which allows providers to create a PDF and print reports, as well as improved the login capabilities.
- Demonstrated how to use the basic version of ComPASS with a nursing home activities director to get feedback about the tool.
- Continued to develop and add content to the website www.preferencebasedliving.com.