A guide to assist you with obtaining income, housing or utility assistance, behavioral health services and other helpful information.

### Income: Employment or Social Security Benefits

**Ohio Department of Job and Family Services**  
Employment, food and cash assistance.  
800-686-1566 | [jfs.ohio.gov](http://jfs.ohio.gov)

**Ohio Means Jobs**  
A resource to guide your career search.  
888-296-7541 | [ohiomeansjobs.com](http://ohiomeansjobs.com)

**Office of Unemployment Insurance**  
Lost your job? Apply for unemployment.  
877-644-6562 | [unemployment.ohio.gov](http://unemployment.ohio.gov)

**Soar Ohio**  
SSI/SSDI outreach, access and recovery  
614-280-1566 | [cohhio.org/member-services/soar-ohio](http://cohhio.org/member-services/soar-ohio)

**Social Security**  
Find out if you are eligible for any benefits.  
800-772-1213 | [SSA.gov](http://SSA.gov)

### Medicaid, Insurance and Long-Term Services and Supports

**Ohio Department of Medicaid**  
Health care for low-income Ohioans.  
800-324-8680 | [medicaid.ohio.gov](http://medicaid.ohio.gov)

**Ohio Benefits**  
Helping Ohioans find and apply for benefits.  
844-640-OHIO (6446) | [benefits.ohio.gov](http://benefits.ohio.gov)

**Long-Term Services and Supports**  
Identify long-term services available to you.  
844-644-6582 (844-OHIO-LTC)  
[aging.ohio.gov/LongTermSupports](http://aging.ohio.gov/LongTermSupports)

**Long-Term Care Consumer Guide**  
Search and compare living facilities.  
614-466-5500 | [ltc.ohio.gov](http://ltc.ohio.gov)

**Ohio Health Insurance Exchange**  
Explore health insurance coverage options.  
844-342-6604 | [healthinsurance.org/ohio-state-health-insurance-exchange/](http://healthinsurance.org/ohio-state-health-insurance-exchange/)

### Housing and Utilities

**Housing and Urban Development**  
Apply for rental assistance  
800-955-2232 | [hud.gov](http://hud.gov)

**Ohio Housing Locator**  
Browse housing options.  
888-362-6432 | [ohiohousinglocator.org](http://ohiohousinglocator.org)

**Energy Assistance Programs**  
Manage your energy costs and efficiency.  
800-282-0880 | [development.ohio.gov/is/is_energyassist.htm](http://development.ohio.gov/is/is_energyassist.htm)

**Public Utilities Commission of Ohio**  
Get help paying your telephone bill.  
800-686-PUCO (7826) | [puco.ohio.gov](http://puco.ohio.gov)

### Aging Services

**Ohio Department of Aging**  
Services and supports for older adults.  
866-243-5678 | [aging.ohio.gov](http://aging.ohio.gov)

**Long-Term Care Ombudsman**  
Assists with concerns related to community-based long term care services.  
800-282-1206 | [ltco.org](http://ltco.org)
### Mental Health and Addiction Services

**Ohio Department of Mental Health and Addiction Services**
A list of mental health treatment providers.
877-275-6364 | [mha.ohio.gov](http://mha.ohio.gov)

**Ohio Behavioral Health Directory**
A list of addiction treatment providers in your area.
[prod.ada.ohio.gov/directory](http://prod.ada.ohio.gov/directory)

**Ohio Association of County Behavioral Health Authorities**
Information on addiction and mental health services available near you.
614-224-1111 | [oacbha.org](http://oacbha.org)

### Additional MHAS Resources:

- **Recovery Requires a Community**
  [mha.ohio.gov/Health-Professionals/Community-Transitions/Recovery-Requires-a-Community](http://mha.ohio.gov/Health-Professionals/Community-Transitions/Recovery-Requires-a-Community)

- **Housing Services and Supports**
  [mha.ohio.gov/Families-Children-and-Adults/For-Adults/Housing-Assistance](http://mha.ohio.gov/Families-Children-and-Adults/For-Adults/Housing-Assistance)

- **Access Success Funding**
  [mha.ohio.gov/Families-Children-and-Adults/For-Adults/Housing-Assistance](http://mha.ohio.gov/Families-Children-and-Adults/For-Adults/Housing-Assistance)

- **Residential State Supplement (RSS)**

### Developmental Disability Services and Employment Opportunities

**Ohio Department of Developmental Disabilities**
Services and supports for individuals with developmental disabilities
800-617-6733 | [dodd.ohio.gov](http://dodd.ohio.gov)

**Opportunities for Ohioans with Disabilities**
Equal employment and independence for individuals with disabilities.
800-282-4536 | [ood.ohio.gov](http://ood.ohio.gov)

**County Boards**
Information on county board eligibility.
800-617-6733 | [dodd.ohio.gov/IndividualFamilies/GettingStarted/Pages/default.aspx](http://dodd.ohio.gov/IndividualFamilies/GettingStarted/Pages/default.aspx)

**Waiver Enrollment**
Information on waiver enrollment.

### Other Services

**Ohio Department of Veterans Services**
Empowering the veteran and military community.

**211 Information and Referral Services**
24-hour information and referral.
2-1-1 | [211.org](http://211.org)

**Lifeline-Cell Phone**
Mobile phone service for income-eligible residents.
800-900-5899 | [accesswireless.com/lifeline](http://accesswireless.com/lifeline)

**Disability Rights Ohio**
Be aware of your rights.
800-282-9181 | [disabilityrightsohio.org](http://disabilityrightsohio.org)