

**Reducing the Use of Antipsychotics
in NWO Skilled Nursing Facilities
Second Quarter Progress Report to the Ohio Department of Medicaid**
Timeframe: April 1, 2017 through June 30, 2017

The second quarter's energy level was off of the charts! During this time period the following activities occurred:

- A. All facility administrators signed a letter of agreement accepting their facility's commitment to be an active participant for the three years of the project. With the document in hand, the most challenging component of this quarter's work was assisting facilities in the project to understand the extent of their commitment. Several facilities seemed to be under the false assumption that the project stopped at the end of the initial education sessions regardless of the commitment stated on the website and in the letter of agreement. Much unanticipated time was spent working with individual facilities and corporations encouraging and supporting their ongoing involvement. This challenging effort has been successful and facility ongoing participation has increased.
- B. The Make-up class was held for the participants who were unable to complete the entire initial training component with the whole class. This group consisted of 6 individuals. All completed the class with the exception of one that found she would be leaving her employment at the participating facility.
- C. As a part of the initial educational aspect of the project each participant was asked and agreed to administer a Reality Comprehension Clock Test (RCCT) and submit it to Barbara Brock for technical support focusing on accuracy and utilization of the data in care planning with the focus of make a difference in the lives of residents. Barbara has worked with three-quarters of the facilities and has reviewed upwards of 100 RCCT assessments with participants through the end of this quarter.
- D. There have been 164 residents thus far involved in some portion of the project. This number represents all residents that were involved in some component, including those that were subsequently discharged or deceased.
- E. The emphasis is on project success over the time of the project. The project is truly a marathon and not a sprint. Although all facilities have their initial training participants, project progress covers a broad range of achievements. Several facilities have implemented additional components of the project beyond completion of the RCCT assessment. Some facilities are slow starters and are needing assistance in selection of the next component they would like to address. This difference in progress is reflected in the attached grids. This flexibility in time and task selections is the benefit of this three-year plan.

- F. A FAQ(frequently asked questions) section has been created on the grant information webpage to to address issues raised by the facilities during the consultant visits.
- G. The four Memory Care Consultants(MCC) Belinda Cytlak, Tammy Fitch, Sandy Soditch and Diana Waugh, visited their assigned facilities monthly for a total of 120 visits. During these visits the MCC assisted the program participants create an implementation plan for inclusion of the various parts of the project at their facility.
- H. Each MCC offered to work with them in RCCT administration as well as providing staff and family education sessions for the facility. Each stands ready to assist as requested by the facility.
- I. Since this project started at the beginning of the second quarter, the Quality Measure(QM) scores will be reported in the next summary with the quarterly QM scores provided in July.
- J. There are a myriad of components to this project and each facility is working at their own pace. Following is a list of tasks, not in mandatory implementation order, to be accomplished during the project period:
 - RCCT Administration and scoring with residents
 - RCCT/CFA results shared with family
 - RCCT/CFA results shared with medical director/resident's physician
 - Cognitive Functional Age, CFA, utilized in care planning
 - Announcement of involvement in this project
 - Medical Director informed of project and support sought
 - Cognitive Functional Age Assessment/Person-centered Intervention Policy
 - facility specific creation and implementation
 - Staff education, initially introducing the project
 - Staff education, included in new staff orientation
 - Family education, initially introducing the project
 - Family education on an individualized on-going basis as resident's are added to project
 - I Was Thinking* book completion to capture the individualized social history for the resident to provide conversation starters
 - Gift of Purpose brain exercise programs utilized with residents based on their CFA in the following areas:
 - Reminiscence
 - Choices
 - Sensory
 - Which One
 - Socialization
 - Drawing
 - On-going resident evaluation of progress on the Gift of Purpose sessions
 - Chatter Bag creation and implementation
 - Photo book creation and implementation
- K. The aggregate facility implementation of each component is reflected in the grid presented in this report.

L. With an eye to the future where facilities will not add antipsychotic medications for individuals admitted with dementia, collection of data has begun. This data included residents admitted without medications where none are added; residents who were admitted with an antipsychotic medication that was not brought forward and residents admitted with an antipsychotic that was left in place. In addition the number of residents involved in a GDR is captured.

The resident and family stories that have been shared demonstrate the value of knowing the resident as a person coupled with knowing their CFA. Stories about residents being engaged when they had been sitting and staring; families who have learned how to talk successfully with their loved one; and residents who reduced combative behaviors because they feel successful, are supporting the true value of this project.

MASTER AGGREGATE DATA FILE 2ND QTR 2017

COMPONENTS-ALL FACILITIES INVOLVEMENT	
FACILITY MED DIRECTOR INFORMED AND SUPPORTIVE	25
PROJECT ANNOUNCEMENT COMPLETED & SHARED	20
INITIAL STAFF EDUCATION COMPLETED	25
ONGOING STAFF EDUCATION	25
ONGOING FAMILY ED	18
"I WAS THINKING" BOOK COMPLETED	23
CHATTER BAGS	6
POLICY CREATED	5
ADMISSIONS WITHOUT ANTIPSYCHOTIC	14
ADMISSIONS WITH ANTIPSYCHOTIC ORDER BUT DROPPED	1
ADMISSIONS WITH ANTIPSYCHOTIC MED ORDER IN PLACE	6
NUMBER OF RESIDENTS WITH A GDR IN PLACE	11
PHOTO BOOK CREATED AND SHARED	5
GIFT OF PURPOSE AGGREGATE	
GIFT OF PURPOSE REMINISCENCE SESSIONS	390
GIFT OF PURPOSE REMINISCENCE RESIDENTS	24
GIFT OF PURPOSE CHOICES SESSIONS	386
GIFT OF PURPOSE CHOICES RESIDENTS	23
GIFT OF PURPOSE SENSORY SESSIONS	385
GIFT OF PURPOSE SENSORY RESIDENTS	23
GIFT OF PURPOSE WHICH ONE SESSIONS	386
GIFT OF PURPOSE WHICH ONE RESIDENTS	23
GIFT OF PURPOSE SOCIALIZATION SESSIONS	385
GIFT OF PURPOSE SOCIALIZATION RESIDENTS	26
GIFT OF PURPOSE DRAWING SESSIONS	386
GIFT OF PURPOSE DRAWING RESIDENTS	24