

# HCBS Settings and Person-Centered Planning

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OHIO DEPARTMENT OF MEDICAID  
OHIO DEPARTMENT OF AGING  
OHIO'S OFFICE OF THE STATE LONG-TERM CARE OMBUDSMAN

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## Guidance for Individuals Receiving Assisted Living or Adult Day Services in the Assisted Living, PASSPORT, Ohio Home Care and MyCare Ohio Waivers

### Overview of CMS Final Regulation and Ohio's HCBS Transition Plan

In January 2014, the Centers for Medicare and Medicaid Services (CMS) released new requirements for Medicaid Home and Community-Based Services (HCBS) programs administered by states. The [final regulations](#) enhance the quality of HCBS, provide additional protections to individuals who receive HCBS, and establish the characteristics of the settings in which they can live and/or receive services. The regulations also define person-centered planning requirements to empower individuals to take an active role in expressing their wants, needs and preferences, and in identifying and accessing medically necessary services and supports. Ohio submitted a statewide transition plan to CMS describing how these requirements will be met.

### Your Input Matters

As an individual residing in Assisted Living or participating in Adult Day Services, your opinion about the setting in which you live and receive services is important.

These questions will help you think about the setting in which you live and receive services as it relates to the person-centered planning process:

- » What is it like for me to live or receive services here?
- » If I want a snack, am I able to get one at any time?
- » Does the person providing my services ask me how I feel about where I live and the services I receive?
- » Do I feel comfortable sharing with others that I am unhappy about services I am receiving or that I have concerns about a staff member?

- » Can I follow my own walking, bathing, and eating schedule each day?
- » May I have visitors when I want?
- » Do I have a limit on the number of visitors at the same time?
- » Do I decide which services I want?
- » Do I decide from whom to receive my services?
- » Do I decide when I want my services to be delivered?
- » In my residence, do I have a private place to make telephone calls whenever I want?
- » In my residence, do staff knock on my door before entering? May I lock my door?
- » If I share my residence with another person, was I free to choose my roommate?
- » May I change my current roommate for another?

Help is always available if you want to share your experiences or discuss how your preferences are reflected in your person-centered services plan.

### **Questions? Suggestions?**

Contact the Ohio Long-Term Care Ombudsman at 1 (800) 282-1206 or e-mail [elderrights@age.ohio.gov](mailto:elderrights@age.ohio.gov)

**For more information, go online:** <http://aging.ohio.gov/services/ombudsman/>